



## FACT SHEET

### YOUTH REGIONAL TREATMENT CENTERS

Indian Health Service currently provides recurring funding to 11 tribally and federally operated youth regional treatment centers (YRTC's) to address the ongoing issues of substance abuse and co-occurring disorders among American Indian and Alaska Native youth. Through education and culture-based prevention initiatives, evidence- and practice-based models of treatment, family strengthening, and recreational activities, youth can overcome their challenges and recover their lives to become healthy, strong, and resilient leaders in their communities.

#### **Mission Statement**

The mission of YRTC's is to provide quality, holistic behavioral health care for American Indian and Alaska Native adolescents and their families in a substance-free, residential environment that integrates traditional healing, spiritual values, and cultural identification.

#### **IHS-Funded Youth Regional Treatment Centers**

##### *Federally Operated*

Aberdeen Area Youth Regional Treatment Center  
Desert Visions Youth Wellness Center  
Nevada Skies Youth Wellness Center  
New Sunrise Regional Treatment Center  
Unity Healing Center

##### *Tribally Operated*

Five Directions Treatment Center  
Graf Rheeneerhaanjii  
The Healing Lodge of Seven Nations  
Jack Brown Youth Regional Treatment Center  
Navajo Regional Behavioral Health Center  
Raven's Way

#### **Services**

The YRTC's provide a range of clinical services rooted in a culturally relevant, holistic model of care. These services include: clinical evaluation, substance abuse education, group, individual and family psychotherapy, art therapy, adventure-based counseling, life skills, medication management or monitoring, evidence-based/practice-based treatment, aftercare relapse prevention, and posttreatment follow-up services.

#### **Contact**

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